



2012 卫塞节庆祝会

Vesak Celebration (佛历二五五六)



**SHAKYAMUNI BUDDHA &
16 ARAHANTS EMPOWERMENT**
释迦牟尼佛及十六罗汉灌顶

Date: 28.04.12 (Saturday)

Time: 8.00pm

2 DAYS NYUNGNE 8 PRECEPTS

持2天八关斋戒

Date: 05.05.12 (Saturday) & 06.05.12 (Sunday)

Time: 5.00am (05.05.12) till 3.00pm (06.05.12)

- Go home and continue the precepts till 07.05.12 (Monday) Time: 5.30am
- 回家继续修持至隔天临晨五时三十分

2nd DAY – no meals, drink plain water only

第2天 - 不能进食只喝白开水

AVALOKITESHVARA INITIATION

千手千眼观世音菩萨大灌顶

Date: 05.05.12 (Saturday) Time: 2.00pm

CHANTING AVALOKITESHVARA SADHANA

(Must take vegetarian food)

千手千眼观世音菩萨共修 (需吃素)

Lamp Offering 供灯 (个人每盏十元)

(1) 平安富贵灯 (2) 消灾长寿灯 (3) 智慧光明灯



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尊贵的拉则祖古仁波切
H.E.Lhatse Tulku Rinpoche